



**Third District**  
Nurses Association



## E-Dimension Newsletter

Facing Today's Nursing Challenges - Together  
April 2010

### RN Volunteers to talk about Nursing Careers

The eighth annual Adventures in Nursing Careers will be held on Saturday, June 19. Enrollment is open to everyone but focuses on teens considering a career in nursing. Volunteers are needed to talk individually with teens, do skill demonstrations like taking a pulse and playing games. Half day volunteers are welcome.

Camp will be held at the National American University campus near the Mall of America.

Please contact Laurel Anderson at [landerson@nursesCE.org](mailto:landerson@nursesCE.org) or call 952 920 9860 by May 15th. Orientation will be held in early June.

HELP SPREAD THE WORD ABOUT NURSING CAREERS!

## Donate Silent Auction Items to Fund Nursing Scholarships!

On Thursday, May 6 we will hold our annual National Nurses Week Banquet which includes a silent auction. You are invited to donate an auction item to raise money for our nursing scholarship fund. Please let us know by April 28 so we can add your donation to the event program listing all auction items!

Some of the donations currently include:

- [one night stay and water park passes at Arrowwood Resort in Alexandria](#)
- [Massages from Dianne Hansen , RN at LiveWell Health Coaching and Myofascial Therapy](#)
- [Christopher and Banks women's clothing store gift cards](#)
- [Davanni's pizza gift basket](#)
- [4 water park passes at the Radisson Mall of America!](#)

Email or call Laurel at [landerson@nursesCE.org](mailto:landerson@nursesCE.org) or call 952 920 9860 by April 28

Support your fellow nurses through nursing scholarships! Donate to the auction and help us reach our goal of 50 donations!

## May Banquet & Annual Meeting

Join 3rd District Nurses in celebrating National Nurses Week by attending the May Banquet & Annual Meeting.

When: Thursday, May 6, 2010

Where: Radisson Hotel, 1700 East American Blvd., Bloomington, MN ( water park)

Time: 6:00 PM Social Hour & Silent Auction, 7:00 PM Dinner

Awards & Annual Meeting and Entertainment by Peter Borchers

[Click Here for registration form and additional information!](#)

## Ballots for 3rd District Board of Directors in the Mail

3rd District members should receive the ballot for choosing the Board of Directors for 3rd District Nurses in their Spring Dimension Newsletter any day now in the mail. Please complete and return by April 16th. If you do not receive a ballot please contact 3rd District (952-920-9860) and one will be sent out to you. We have the following correction to Diane McLaughlin ' s profile.

### **Correction**

Diane McLaughlin, Candidate for Director at Large has a Bachelor of Science in Nursing which was inadvertently omitted in her profile. She is employed by Abbott Northwestern Hospital and not the University of Minnesota . We apologize for this error.

## Awards & Scholarships

Each year, 3rd District Nurses recognizes the achievements of its members by awarding scholarships and special awards to its outstanding members. [Click here](#) to nominate that special nurse you work with for an award. Deadline for applications April 1. MNA awards are presented at Convention in October honoring RN members who exemplify the best of the nursing profession. [Click here](#) to nominate a nurse colleague. Deadline for applications May 1.

## Sign up today for spring workshops & conferences

Workshops and conference sessions are filling up fast for this springs continuing education offerings.

[Click here](#) to Register online and guarantee a place for the topics of your choice.

## Members - sign up today to be an Alternate Delegate to the 2010 MNA Convention in October.

Important decisions will be made regarding the structure of MNA. Be apart of the solution - follow this link to sign up. This is a good time to work with your fellow nurses across the state on important issues confronting nursing. Major expenses are paid for by MNA.

[Click Here for Alternate Delegate Form](#)

## Minnesota Nurses Association Book Club

Join the Minnesota Nurses Association Ethics Committee, Book Club For Nurses.  
A provocative discussion on ethical issues posed in today's literature.

[Click Here for additional information from MNA.](#)

Thursday, April 15, 2010 5:30 - 7:30pm

MNA Offices ([click here for directions](#))

## Continuing Education

### 23rd Annual APRN Spring Conference

All Nurses Welcome!

Treatment and Pharmacology Updates for APRN Practice

When: April 9 & 10, 2010

Where: Sheraton Minneapolis West, Minnetonka, 12201 Ridgedale Drive, Minnetonka, Minnesota 55305

Contact Hours: Friday: 6.5 ANCC/ 7.8 MN-BON, Saturday: 3.3 ANCC/ 4.0 MN-BON

Total Conference 9.8 ANCC/11.8 MN-BON

[Click Here to Register!](#) *Planned by APRN Interest Group of 3rd District Nurses and all health professionals are welcome.*

### Osteoporosis and Exercise

Date: Thursday, April 22, 2010

Contact Hours: 1.5ANCC/1.8 MN-BON

Time: 6:30 PM-8:00 PM

Purpose: Osteoporosis is the most common bone disease. Prevention includes a healthy diet and staying physically active. Learn about factors that can make bones stronger or weaker and the three types of exercise needed to build healthy bones.

[Click Here to Register!](#)

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